

Kawartha Highlands PP- Menu Planner

Monday	Tuesday	Wednesday
Breakfast At home & Time Horton's stop at approximately 9am	Breakfast	Breakfast
Lunch	Lunch	Lunch
Supper #1 – Fresh	Supper #2 – Fresh/Frozen	Snacks/Drinks!
Snacks/Drinks	Snacks/Drinks	Note: A FULL shopping list must be included with this menu planner